

Action plan

- **Call them.** Try to get in contact with loved one via mobile phone if possible.
- **Contact people who can help you.** Refer back to the list of people on your action plan who have offered to help in the event of the patient going missing and get in contact with them. Remember to try and have someone with a car.
- **Consider the time of day.** Is there an old habit which they may have done at this time of day. Try to make a logical decision of where to look first based off of this.
- **Is it mealtime? Did they need to use the bathroom?** What needs might they be trying to meet and could have gone in search for. This could help you to work out where to search first.
- **Check any GPS trackers.**
- **Take your phone off silent.** There is a document template provided with the action plan for the caregiver which you should print and fill out. Hopefully your loved one has this on them which provides details of the caregivers number. You want to hear any phone calls incase your loved one is in distress and someone has try to contact you. Same goes for any ID jewellery which has the carers phone number on.
- **Use a safe return programme.** Hopefully you will have done some research and found out what safe return programmes your local council has to offer. If you need some extra help be sure to use these.